

Maximizing your Personal & Business Potential

MQA
APPROVED

Innostra is a brand of **Intellisource (Indian Ocean) Ltd**

MISSION STATEMENT

The mission of **Innostra** is to empower executives, entrepreneurs & professionals to:

- 01 Maximize their Potential, Assets & Opportunities
- 02 Inspire Trust & Engagement
- 03 Influence with Integrity

so that they can enjoy greater career/business success and more fulfilling relationships.



ABOUT INNOSTRA

Innostra was set up to provide coaching/training to individuals and the business community on the following:

01

Business Growth & Client Relationship:

To help entrepreneurs and self-employed professionals be more effective and to build greater confidence, communication and interpersonal skills to market their services and develop productive relationships with clients, suppliers and partners so that they can grow their business faster.

02

Leadership & Communications:

To help executives, managers, supervisors, team leaders and professionals develop the mindset & habits of leaders. To empower them through our coaching and training to influence with integrity, build positive relationships and overcome interpersonal conflicts so that they achieve their career goals faster and are happier at work.

03

High Performance & Productivity:

To adopt a holistic approach to high performance by helping executives, managers and professionals build their energy (i.e capacity to do work) across the four dimensions: Physical, Mental, Emotional & Spiritual. To coach Managers & executives on how to implement a culture of high performance, create synergy and engagement among Team Members and develop highly productive habits.

We believe people & companies have **immense potential** within, but they are utilizing only a fraction of it.

We believe you deserve to get the **most** out of your time, work & business.

We believe **leadership** should be shown **at every level** of the organization.

We believe success is more a matter of **attitude** first.

We believe in adding **value** first.

ABOUT THE FOUNDER

Mr Abdool, the founder of Innostra, holds an MBA (Mauritius) and is a certified coach (Meta Coach Foundation).

He is passionate about Leadership, High performance and Entrepreneurship. He's in fact an entrepreneur himself who has started a few businesses and even failed at some ... and he has learned many valuable lessons in the process.

He is coached/trained business owners & professionals from Mauritius, Australia & South-Africa. His training programs are fun, interactive, highly engaging with immediate positive impact.

His clients will readily attest to the transformative and positive effect of his coaching.

He is an avid student of leading international experts in the field of Leadership, High Performance, Influence, Marketing & Business Growth and has incorporated many of their best ideas in Innostra's training & coaching programs.



*"Success leaves clues;
so if you want to be the
best, model the best."*



“ I can confidently say that Innostra's coaching has had a hugely positive impact on our managers and our culture. It engendered a transformational mind-set shifts in all those who attended. Arshad is a very empowering, encouraging and challenging coach. He brings the best out of people. I recommend him and his services emphatically and unequivocally. ”

ASSAD ABDULLATIFF
Managing Director, Axis Fiduciary Ltd

Corporate Training Programs

One of the greatest strategic advantage you can have is improving the leadership & effectiveness of your people faster than the competition. That's why at **Innostra**, we're committed to provide highly practical trainings that empower your staff and give them the edge when it comes to leading a team, improving their performance, or dealing with their clients.

01

Leadership Development

At **Innostra** we believe that prioritizing the Leadership Development of your Team Leaders, Managers and Executives will give you the edge in your industry because:

Leaders bring out the best in their team. They drive high performance & engagement. They develop their team and instill in them the proper attitudes and values in order to create winning teams.

Leaders inspire trust, collaboration & support from their superiors, co-workers, clients and partners in their interaction and communication with them. This allow them to build strong work relationships in order to serve Clients at a higher level and gain more business from them.

Leaders can overcome interpersonal conflicts and influence others effectively.

Leaders help your company grow faster and become more profitable while attracting and retaining highly talented individuals.

Program Modules

1	Unleash The Leader In You	12 hours
2	People Skills For Leaders	12 hours
3	Speak With Impact	12 hours
4	Sustaining High Performance	12 hours
5	Power To Influence	12 hours
6	Coaching For Leaders	12 hours

[Learn more](#)

Talent Development

Innostra's Talent Development program has been developed to meet your Organisation's needs for a highly effective workforce. Its goal is to groom your professional staff into highly effective employees that demonstrate great professionalism and high standards in their interaction and communication with colleagues and clients.

The program will also help them understand and adopt the Organization's values in a practical way at work.

Program Modules		
1	The Professional In You	1 Day
2	Effective Client Interaction	1 Day
3	Delivering Effective Presentations	1 Day
4	Productive Working Relationships	1 Day
5	Emotional Intelligence at Work	1 Day
6	Effective Time Management	1 Day
7	Monitoring Projects & Deadlines	1 Day

[Learn more](#)

Tailor-Made Programs

We believe that each Corporate Training Program has to be **customized** in order for it to be more **effective** and to be of **greater value** to the trainees.

Hence, we will first work closely with your HR department and your Managers to **identify** the **training** and **development** needs of your staff.

We will then:

1 either **customize** an existing program;

2 or design a **brand new** tailor-made program (i.e. not listed above);

before **delivering** it to your workforce.

03 The Service Champion In You

This course is geared towards providing participants with the necessary tools to:

- ▶ Enhance their own confidence and communication skills to deal with customers in different contexts
- ▶ Establish credibility, trust and enhance customer experience
- ▶ Increase both their ability at handling Objections / Emotions of the customer

Because customers have become more and more demanding, be it in terms of products, rapidity and quality of service and price, they expect their demands to be treated as a priority. However, many front liners tend to ignore a crucial part in Customer Service: managing their own emotions and those of the customers. This is a key issue which will be explored during training as this is a fundamental element of Customer Relationship.

Program Modules

1	Enhancing communication for better service	Day 1
2	Enhancing Customer Experience	Day 2
3	Influencing My Customers	Day 3

[Learn More](#)

04 Public Workshops/Conferences

We partner with local and international experts to deliver public workshops and conferences to the business community.

Please visit our website for details of workshops and conferences we are currently running.



[Learn More](#)

Corporate Coaching Programs

01 Leadership (or Executive) Coaching

Innostra's Leadership Coaching is about facilitating Leaders (Managers, Associates, Partners and Executives) to develop Leadership habits & mindset, Communication, Influence & Interpersonal skills as well as High Performance habits so that they can be more effective, maximize their resources, inspire others and build High Performing teams.



Our 1-on-1 coaching facilitates the personal development & growth of the Leader. This involves (among others):

- A greater awareness of the limitations in their current attitude and habits that are holding them back from achieving their fullest potential.
- Developing broader perspectives and the ability to see and appreciate things from different vantage points.
- Inspiring and engaging others to collaborate and perform.
- Developing attitudes, habits and skills for effectively leading and interacting with others.
- Communicating effectively and influencing others effectively. Asserting oneself when required.
- Improving Emotional Intelligence & Performance.
- Developing High Performance habits.
- Coaching one's team into a High Performing team.

02 Management Coaching

Innostra's Team Coaching is about facilitating the process of transformation of your Managers & Team Leaders from a collection of individuals to a highly effective work group that is highly cohesive & productive.



Our Management coaching takes place in a group setting and helps the managers to (among others):

- Develop clarity and precision in how they will operate and collaborate
- Trust & intimacy.
- Learn from each other, support each other and work together with an “Esprit De Corps”.
- Help each other to Implement the company values among their respective teams and to address challenges they face from their team members.
- Align their strategies and work towards the vision of the company.
- Develop their leadership skills and take full ownership of their responsibilities.
- Work as a team in order to solve in creative and innovative ways the challenges the company is facing.
- Communicate openly and honestly with each other so that their respective teams will in turn follow their example.

03 Team Coaching

Innostra's Team Coaching helps transform your team into High Performing Teams. Through our Team Coaching, we facilitate your team to identify team dysfunctions and individual needs that are not being met, thus enabling each member to feel empowered, responsible and inspired.

Our Team Coaching facilitates the transformation of your team from a group of individuals that work together into a high performing team, whose members trust each other, hold each other accountable, are individually responsible and prioritize a shared vision and values.

Innostra's Team Coaching will assist your team to solve recurring problems and develop a solution oriented mindset and a culture of collaborative problem solving (as opposed to playing the blame game or being indifferent to problems).

High Performing Teams:

- Trust each other.
- Engage in Conflicts Productively.
- Are Committed to the Team's Vision & Values.
- Hold each other Accountable (Peer-Accountability).
- Are Results Oriented & Work Together to Achieve them.



Through the various coaching sessions, I have gained extremely valuable insights on how to improve the way I deal with other people, how to see things through someone else's eyes, and so much more. Arshad's coaching has been a game changer in my professional career. ”

JAYSEN VEERUPEN
Head of Client Accounting & Finance

We believe in adding value first...

Thus we are glad to offer★ you the chance to sign up for one of our Free High Value orientations & workshops:

01 Leadership Workshop

“How to Inspire & Motivate your team!”

90-minutes workshop for executives & managers that will help them understand the emotional needs of their team and how to inspire greater engagement and performance from them.

02 High Performance Workshop

“The Corporate Athlete”

90-minutes orientation on how to sustain High Performance and avoid burnouts and poor productivity. The workshop will focus on the building and renewal of energy (i.e capacity to do work) throughout the day.

03 Team Coaching


“Identifying Team Dysfunctions”


90-minutes coaching conversation with your team to identify team dysfunctions and individual needs that are not being met ... so your team can start the process of growing into a High Performing Team.

Request your Free Workshop

★ Conditions Applied. Click [here](#) to find out more.

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