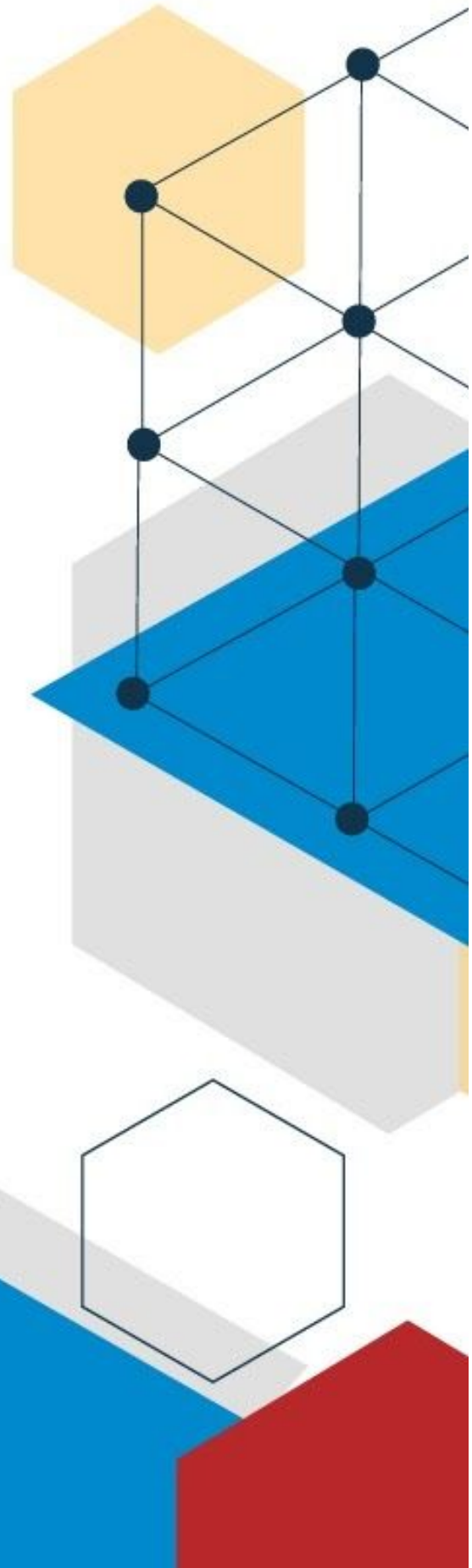


# Team Coaching



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## *Performance Group Coaching For High Performing Teams*

### Program Overview

**Innostra's Team Coaching** helps transform your team into High Performing Teams. Through our Team Coaching, we facilitate your team to identify team dysfunctions and individual needs that are not being met, thus enabling each member to feel empowered, responsible and inspired.

Our **Team Coaching** facilitates the transformation of your team from a group of individuals that work together into a high performing team, whose members trust each other, hold each other accountable, are individually responsible and prioritize a shared vision and values.

**Innostra's Team Coaching** will assist your team to solve recurring problems and develop a solution oriented mindset and a culture of collaborative problem solving (as opposed to playing the blame game or being indifferent to problems).

The goal of the program is to create High Performing Teams that:

- Trust each other.
- Engage in Conflicts Productively.
- Are Committed to the Team's Vision & Values.
- Hold each other Accountable (Peer-Accountability).
- Are Results Oriented & Work Together to Achieve them.

## Program structure & content

The overall program consists of **9 sessions** (of 2 hours each).

The following indicates the focus/topic for the sessions. Kindly note that the actual agenda might change to accommodate your specific needs.

Sessions	Topic
<b>#1</b>	<b>Evaluating Individual Needs in the Team</b>
<b>#2</b>	<b>Evaluating Team Dysfunctions</b>
<b>#3</b>	<b>Well-Formed Outcome Conversation</b>
<b>#4</b>	<b>Ground Rules &amp; Frames for Communication &amp; Collaboration</b>
<b>#5</b>	<b>Building Synergy &amp; Trust</b>
<b>#6</b>	<b>Problems Solving Skills</b>
<b>#7</b>	<b>Managing Mistakes &amp; Giving Feedbacks</b>
<b>#8</b>	<b>Managing Conflicts &amp; Troubles</b>
<b>#9</b>	<b>High Performing Teams</b>

## Terms & Conditions

### Location

- Face to Face at an agreed-upon location (**Primary**) or
- Online Meeting Platform [Skype/Zoom/Google Hangout] (**Secondary**)

### Certificate of Attendance

A Certificate of Attendance will be issued to all participants at the end of the program.

### HRDC Refund

The program is **MQA** approved (also known as Confidence Power) and hence the program fees will be eligible for **HRDC** refund.

### Payment

The fees are to be paid (by check or cash) **before** the start of the program.

Checks should be drawn on the order of **Intellisource (Indian Ocean) Ltd.**



Why will you accept less when you can get so much more out of yourself, your team & your business?

If you believe in maximizing & optimizing your potential, assets and resources, then do not hesitate to contact us. We'll be glad to help.

## Contact Us

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